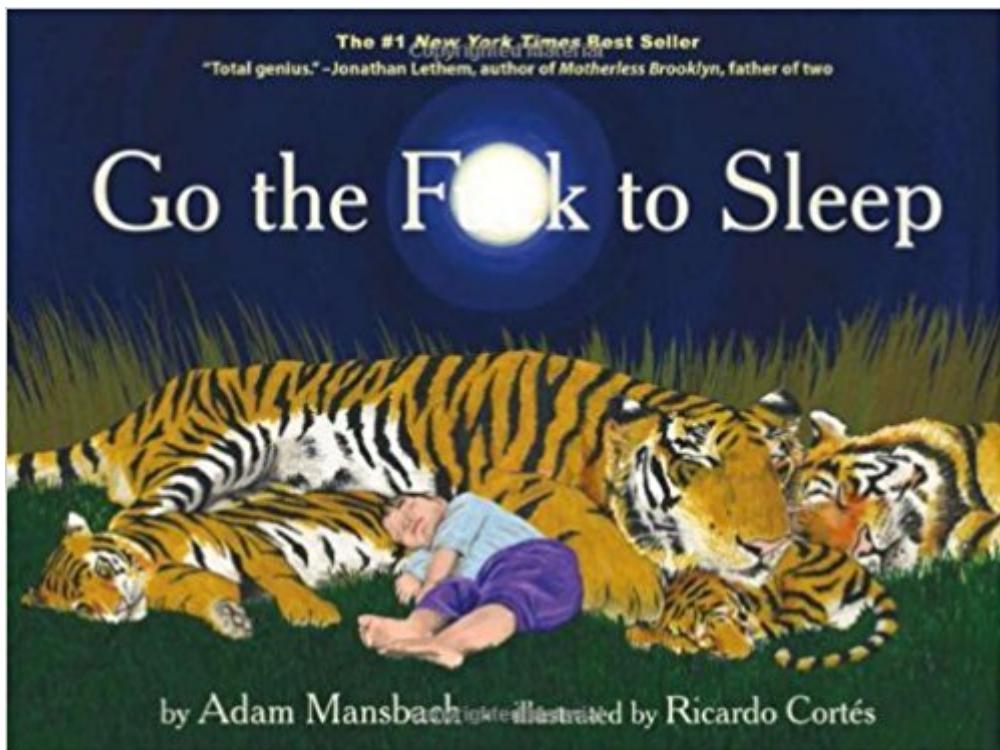


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# Go The F\*\*k To Sleep



## Synopsis

"Nothing has driven home a certain truth about my generation, which is approaching the apex of its childbearing years, quite like this."--The New Yorker "A parenting zeitgeist"--Washington Post "A hilarious take on that age-old problem: getting the beloved child to go to sleep."--National Public Radio "A new Bible for weary parents"--New York Times "Resonates powerfully with almost everyone"--Boston Globe "Go the F\*\*\* to Sleep challenges stereotypes, opens up prototypes, and acknowledges that shared sense of failure that comes to all parents who weary of ever getting their darling(s) to sleep and briefly resuming the illusion of a life of their own."--Midwest Book Review Go the F\*\*\* to Sleep is a bedtime book for parents who live in the real world, where a few snoozing kitties and cutesy rhymes don't always send a toddler sailing blissfully off to dreamland. Profane, affectionate, and radically honest, California Book Award-winning author Adam Mansbach's verses perfectly capture the familiar--and unspoken--tribulations of putting your little angel down for the night. In the process, they open up a conversation about parenting, granting us permission to admit our frustrations, and laugh at their absurdity. With illustrations by Ricardo Cortes, Go the F\*\*\* to Sleep is beautiful, subversive, and pants-wettingly funny--a book for parents new, old, and expectant. You probably should not read it to your children. Seriously, Just Go to Sleep, a children's book inspired by Go the F\*\*\* to Sleep and appropriate for kids of all ages, is also available, as well as Seriously, You Have to Eat for finicky ones everywhere!

## Book Information

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## Customer Reviews

Adam Mansbach's novels include The End of the Jews, winner of the California Book Award, and

the best-selling Angry Black White Boy, a San Francisco Chronicle Best Book of 2005. His fiction and essays have appeared in the New York Times Book Review, the Believer, Granta, the Los Angeles Times, and many other publications. He was the 2010-2011 New Voices Professor of Fiction at Rutgers University. His daughter, Vivien, was his inspiration for Go the F\*\*\* to Sleep. Ricardo Cortes has illustrated books about marijuana (It's Just a Plant), electricity, the Jamaican bobsled team, Chinese food, and A Secret History of Coffee, Coca & Cola. His work has been featured in the New York Times, Vanity Fair, Entertainment Weekly, New York Magazine, the Village Voice, the San Francisco Chronicle, and on the O'Reilly Factor and CNN. He lives in Brooklyn, NY.

I suppose I should start with - This is NOT a childrens bedtime book! It is a book for parents whose children refuse to go to sleep! I was shocked to find that some reviewers, apparently completely forgot to read the title of the book before purchasing. Subsequently, they also seem to have been horrifically ambushed by the fact that they have absolutely no sense of humor. For those parents who do have a sense of humor and who may not find profanity particularly offensive and who live in the real world. And have real kids. This book is definitely a 3am win! That being said... This is a totally F-ing amazing book! It's real, overworked, frustrated beyond belief, about to loose your mind at 3am, inner parent monologue. I originally bought it for a friend who was having some serious issues getting her little one to sleep. She called me after one particularly rough night & thanked me profusely for giving her the book. I guess it's nice to know that you're not alone in your child's bedtime struggles. It may not actually be all your fault and you may have a relatively normal child & are not in fact a horrible parent. A little laughter, and vulgar support, can go an awfully long way. I've since given it as a gift many times. I plan on continuing to gift it as long as the people around me continue to not learn from the couple before them and keep having babies. Who then refuse to sleep. And so on & so forth.\*If you haven't already you MUST Google the celebrity reads of this book! Jennifer Garner & Samuel L. Jackson are laugh out loud funny. Samuel L. Jackson should narrate a book for every single stage of life, from being born to the grave. We'd come in & go out laughing! This book is one that will be shared from one exhausted, fed up, delusional, red eyed, sleep deprived parent to another. 'Cause sometimes all you can do is F-ing laugh. At yourself and at each other. Also, the pictures are really beautiful.

As the mother of five, I found this book to be hysterical. It will obviously offend some people. By simply looking at the title the purchaser should be easily capable of deciding whether this would

make an appropriate gift for someone else or for themselves. If it isn't, pass it by. For example, I purchased this for one daughter-in-law, but not the other. Once you pass that step, if you decide to buy it, you can expect to be thoroughly entertained by this humorous, well-written, touching, poetic, little book. I probably wouldn't give it as a baby shower gift for a first child, but to any seasoned parent of a six-month old who has been deprived of sleep it will be a well-needed laugh as well as assurance that sleepless nights happen to (almost) every parent. This book illustrates the feeling we all have when we cannot get our child to sleep, and we can't take much more. Need a laugh? Need a gift? This book is a definite winner!

This is definitely an irreverent take on a children's bed time story, but completely and totally hilarious if you're not too uptight. I knew my sister would absolutely love it- and when babies are so little, its really all about your speaking tone anyway. Just put it away on a high closet shelf, with your Elf on a Shelf, and everything will be just alright. =)

Has to be the most hilariously spot on book for new parents ever written! If you feel justified in throwing the first stone at this author, well, you're just not invited to my next party. Also, you lack insight. But seriously, this book is not for those of a sensitive linguistic disposition as it uses the naughtyfiretruck word in nearly every stanza. However, the beautiful watercolor illustrations and the gentle imagery are far better executed than those found in many more popular children's bedtime reads.

If you are on the fence about buying this, then search on youtube for Samuel L. Jackson's reading of this. It might convince you to buy it. :)

If you find Monty Python humor amusing. Have a wicked sense of the funny and bizarre, you'll enjoy it. If you are a prig or have issues with bad language, you'll hate this. As a grandmother who struggled with what is now called "sleep training" with a baby who didn't sleep through the night (cept one night on an overnight train) till baby was 18 mos old, whose second did better...but totally gets that sense of GO THE F-K to SLEEP...this cracks me up. It isn't for children, but neither is Monty Python (my grand is afraid of the killer bunny still). Beautifully illustrated book, and the Samuel L Jackson audio like chocolate, sweet.

I think the title speaks for itself. There are also a host of youtube videos featuring various celebrities

reading this book. Unfortunately, your kid gives about as much of a @#\$% about celebrities as they do going to sleep, so as you are the only celebrity they care about, you have to physically buy this and read it to them in person.. well, not in person, I'm sure you could also make a youtube video of yourself reading this book and just play it on your iPhone for them like a real millennial parent, but just in case your kid is maxed out on screen time for the day, you should have this available for the irl experience. Interesting note, rejected my original review for including the starred out cuss word present title of the book. So, I can't say the title, but I can search and buy it! CAPITALISM!

Got this as a gift for our brother and sister in law's first baby. They are Dutch so when I explained the gift was to help teach my niece to be bi-lingual they were really into it, then when they actually read the title and the book they thought it was hilarious. Worth the look on their faces, and the dad enjoyed the story line to be honest. Great gift idea.

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